NEW YEAR RESOLUTIONS

Why do so many people make New Year’s resolutions? Is it because we see something in our lives we want to improve? We all look at ourselves from time to time, and see things we want to improve. A New Year gives us a reason to reflect and strive for a new beginning.

Well, as Christians, the type of self-reflection that many do for their New Year’s resolutions is something we are called to do on an ongoing basis. We are to constantly do self-evaluations, striving to re-orient our lives back to God. We fall down and then we get back up. We are regularly taking stock of ourselves, confessing to God, repenting (which ultimately means changing our direction from a self-centered one and redirecting our lives toward God). God gives us a second, third, fifth, tenth and hundredth chance to start anew!

So with this in mind, what would be some good resolutions for us to make as Christians? Here are ten suggestions:

1. Pray every day. Accept a Prayer Rule in your life, and then try to follow that rule each day. Prayer connects us with God. We commune with the Source of life. Say set prayers every morning and evening, but also talk with God throughout the day. Don’t let an hour go by where you don’t “check in” with God and turn your attention to Him.

2. Do not only pray, but meditate. This means sitting in silence for 10 or 15 minutes each day, clearing your mind of all clutter, and dwelling in the presence of God. You can do this in front of an icon, or you can sit anywhere and close your eyes, reciting the Jesus Prayer – “Lord Jesus Christ, Son of God, Have Mercy On Me, a Sinner.”

3. Strive to fill your mind each day with something that is “true, noble, just, pure, lovely, holy” (Phil 4:8). In other words, take time every day to read Holy Scripture, and other edifying spiritual writings – for five or ten minutes. Fill your mind with words and thoughts that will sanctify you. Meditate on what you read, and try to apply what you read in your life.
Sts. Constantine and Helen
Greek Orthodox Church
37 Lake Parkway, PO Box 713
Webster, MA 01570
Church Telephone: (508) 943-8361 website: www.schwebster.org
Facebook: St Constantine Helens (Church)
Church Office Hours: Monday, Fridays 9:00 am - 12:00 pm

The mission of Sts. Constantine and Helen Church is to proclaim
the Good News of Salvation through the Orthodox Christian Faith
for the glory of our Triune God - Father, Son and Holy Spirit.

We are a community of believers who journey towards our Lord Jesus
Christ and one another through our WORSHIP, FELLOWSHIP,
SPIRITUAL GROWTH, WITNESS, and SERVICE. We invite
all people to join us on this journey in the Kingdom of Heaven.

We are under the jurisdiction of
His Holiness, Ecumenical Patriarch Bartholomew
His Eminence, Archbishop Demetrios of America
His Eminence, Metropolitan Methodios of Boston

Father Luke A. Veronis
Telephone: (508) 949-7623 (h) (774) 230-6985 (cell)
email: frlukeveronis@gmail.com

2016 PARISH COUNCIL
President: Lisa Healy
Vice President: Cynthia Johnson
Secretary: Mary Papageorge
Treasurers: Nick Popiak,
           Sandi Kunkel
Members:
Leah DiDonato, Anesti Jordanoglou,
Lorna McWilliam, Neal Neslusan,
Evelyn Pappas, Helen Pappas,
Deborah Raymond, Nick Seferi

PHILOPTOCHOS
President: Evelyn Pappas
Vice President: Sandy Sanderson
Secretary: Marie McNally
Treasurer: Sandi Kunkel
Church Secretary: Jaime Ross

Festival Chair: Joey Gliniecki,
               Cynthia Johnson, Garry Ross

Cantor: Demetrios Milios
Choir Directors: Tony and Nike Beaudry
Greek Dance Group: Nike Beaudry
Sunday School Teachers:
Sophia Foisy, Anesti Jordanoglou,
Evis Jordanoglou, Pauline Mueller,
Presbytera Faith Veronis, Jennifer Rice,
Nick Mueller
Seminarians: Jen Cowles, Matthew
Judhas, Alex Limberatos, Anthony Linder-
man, Jennifer Rice, Elizabeth Thomas
Ecclesiarch:
Bookstore: Lorna McWilliams
Sexton: Deborah Raymond, Mike
        Kokoszka
NEW YEAR RESOLUTIONS

4. Take time each day to express gratitude, first towards God and then towards others. Even when you are having a tough day, pause and think of five things for which you can thank God. And make it a point that whenever you are frustrated, you thank God even more!

5. Each day hand over any anger or resentment to God. Don’t allow the day to end while holding on to any bitterness. This means that we have to practice forgiveness daily. Take time each day to reflect on your own mistakes, asking God for forgiveness. Then, offer your forgiveness to anyone who may have hurt or offended you.

6. Refuse to let jealousy, covetousness, greed, and envy preoccupy your mind. Thank God for what you have, and “rejoice with those who rejoice.

7. Every day remember how Jesus washed the feet of his disciples, and then think about how you can humbly serve others. And strive to serve others with joy, remembering that it’s a blessing to serve and to give to others.

8. Do random acts of kindness each day. Better yet, be deliberate in conscious acts of kindness. Think about how you can do something special for the people who cross your paths.

9. Smile, and try to brighten up each person who crosses your path. Say words that will “edify and bring grace to the hearers” (Ephesians 4:29)

10. Keep an eternal perspective on life. Each day remember that some people have tragically died. Reflect on death daily. If we remember that we are but brief sojourners on this earth, and our ultimate citizenship is in heaven, it changes our perspective on how to live

If we do these ten resolutions every day, we will be greatly blessed, while also blessing others. We will become instruments in God’s hands, shining forth His light of love to the world around us!

With love and joy in Christ Jesus,
+ Fr. Luke

HOUSE BLESSINGS

In memory of Christ’s Baptism on the Feast of Epiphany, when Jesus sanctified all the waters of the world, the Orthodox Church follows an ancient tradition of holding the SERVICE OF THE BLESSING OF THE WATERS on January 6. The Church asks God’s blessing to come upon the water, which we then share with all believers. Through this water the grace of God comes upon us!

Following the service, the priest blesses all the believers in the Church with the holy water and offers them a bottle to take home and drink each day, or whenever they feel a special need for God’s grace. The Church also has the beautiful tradition of the priest taking the holy water into the homes of all believers and blesses their home. Through this ritual we ask for God’s blessings to come upon the household for the new year.

I am looking forward to visiting all the homes of parishioners from January 6 - 18. The following schedule gives an idea of when I will try to visit your area. I will visit the elderly and shut-ins during the morning hours. For those of you who work, I will come between 5:00-7:00 pm. If you have a specific time that you want me to visit, call me (774-230-6985).

If you are not home when I visit your house, I will leave a Church calendar and a bottle of Holy Water at your door. If you want me to return to your home for a blessing, please call me so that we can arrange another time.

HOUSE BLESSING SCHEDULE

Jan 6-8 - Webster
Jan 9-10 - Dudley/Charlton
Jan 11 - Oxford, Auburn, Sutton
Jan 12 - Thompson, Fabyan, N.Grosvenordale Quinebaug
Jan 13 - Putnam, Danielson, Woodstock
January 14 - 18 - Other Areas
"Become merciful even as your Father is merciful" (Luke 6:36)

There is movement and action in these words. The word “become” implies change and growth and development. God is merciful and loving and He never changes. We are the ones who are changeable. The scary thing is that we have the same potential to become unmerciful as we have to become merciful.

We are Orthodox Christians. We should all be very comfortable with that statement. We should also be very comfortable with the statement that we are all becoming Orthodox Christians. The truthfulness of the last statement depends on the condition of our heart.

Here is another place in Scripture where we are commanded to become like God. Not in His essence, for only God is God. We are called to participate in His energies, in His activity, in His actions. The image the saints give is a sword in a fire. While the sword becomes red hot, the essence of what it is (a sword) does not change, but it will burn just as fire burns. We are created and God is uncreated. That reality will not change. Nevertheless, we are in invited by God to participate in His Life.

In order to have His Life we cannot hold on to our so-called life. There are some who would say that just being close to the fire is enough. There are some who would say that being in the fire for an hour or so on Sunday is enough. My opinion is that as long as there is movement towards a complete and constant immersion in the fire then we are on the right path. When we choose to turn our backs on God, when we choose sin instead of righteousness, we choose to deny who we are. We see this fact in that we as human beings are fallen, broken. When Adam and Eve disobeyed God, they separated themselves from Him. They were no longer in God. And outside of God, Adam and Eve separated from each other. They started accusing each other and blaming each other. This is the world’s solution to all of our problems. Separated from God, Adam and Eve gave birth to Cain and Abel, a murderer and a murdered person, which is the very opposite of God’s being, the very opposite of goodness, mercy, compassion, and love. This is how our world began. This is not how it ends.

Everything has changed. Even though we were born into a world of disobedience and darkness, we do not have to stay in that world. Yes, we still have to deal with all of the consequences of the Fall. But the image of God in us cannot be destroyed. If it could be, we would no longer exist. We have not only fallen from God but also from our own nature. We are less than fully human. We are not what we are supposed to be: like God. We have missed the mark; we are sinners. That means that we exist in a state that is against our nature. We are in conflict with ourselves. We are fragmented, cut off even from ourselves. Because we exist and live in this unnatural condition, we are prone to all kinds of sicknesses and diseases of the body and soul. This is the world that we live in. It is a world that we have created. And, it is the world that our Lord Jesus Christ is calling us to come out of.

The Church has transformed this time we live in into an Exodus out of this world of darkness and into the Kingdom of Light. Our exodus is not just something we imagine. There are very concrete steps. We cannot buy an airline ticket and relax in a seat in the back and then get off the plane when we reach our destination. A more accurate picture is of a caravan traveling through the desert. It’s hard work.

“Let whoever would be my disciple deny himself,” and “let him take up his cross, and follow Me” (Luke 9:23). “Become merciful as your Father is merciful.” Our work must begin at the point of our will. This is the work of denying ourselves, as the Lord commands. But what an impossible task! With men this would be impossible but with
God all things are possible (Luke 18:27). Denying our self is just the first step. This opens our soul to the presence of God. “Be still and know that I am God” (Psalm 46:10). We experience this “inner stillness”.

To do the work of becoming merciful requires us to deny the spirit of disobedience that is active in us (Romans 7) and to obey the commandments of Christ. It is through obedience to Christ, and His Church, that we will become merciful as our heavenly Father is merciful. We don’t fast for the sake of fasting; we don’t pray for the sake of praying; we don’t give alms for the sake of giving alms. We do these ascetic disciplines of the Church for one purpose - to unite ourselves to Christ and to become merciful as He is merciful.

We must enter into the training of our souls of our own free will. Our Lord asks us to deny ourselves, to follow Him. The Church provides the context for this way of living and the priest is to shepherd God’s flock to a place that has clean water and good grazing, in order to feed them. He also has a responsibility to protect them from wolves. The most vicious wolves in the woods are the ways we think about God, ourselves, and the world. The fact is we cannot fix ourselves. Only God has the power to bring us back to our original design. But we must cooperate with God. This is where the work of becoming merciful must begin.

Our work continues in the fear of God (Deuteronomy 10:12; 20). We say: “Lord Jesus Christ, have mercy on me a sinner!” We sing at every Vespers: “Lord, I cry out to You, hear me” (Psalm 141:1). Help me to say yes to you. The attractions of the world begin to lose their allurement because we see the darkness that fills them. We begin to long for stillness. We want to retreat into our heart in the presence of the living God. In this way we begin to love inner stillness because it is so cleansing, so sobering, so healing.

Building stillness in our soul becomes the next stage of this work of becoming merciful. In this inner stillness, we continue to cultivate inner attention, watching all our thoughts, the movements of our will, and observing how arrows come at us from without and from within to draw us away from God. We become more and more aware of how much we desire the world’s attractions, how much we follow the old man in us. This stage of the work of becoming merciful is very hard because we are fighting against ourselves; and, we see how easily and quickly we forget God.

So, we must want to do this work. It cannot be done for us. But it must be done in the context of the Church. If we want to do this work, and if we choose to take it on, then we have immediately given God permission to come and help us. And He will. We take up this work of our own free will and we unite ourselves to Christ in the likeness of His death. When we do that, we enter into Christ Himself; and He receives us, as He promised, not just into His Resurrection but into Himself to make us His children, and partakers of His own divine nature (2 Peter 1:4). As we carry about the dying of the LORD in our flesh and spirit (2 Corinthians 4:10), we are renewed in the inner man day by day (2 Corinthians 4:16); we are freed from the law of sin and death (Romans 8:2), we begin to live by the law of the Spirit (Romans 8:2), and in the joy of Christ’s holy Resurrection we become merciful even as our heavenly Father is merciful.

Glory to Jesus Christ! Amen!
PREPARATION FOR HOLY COMMUNION
Fr. Thomas Hopko

Committed Orthodox Christians order and measure their lives in this world from Holy Communion to Holy Communion. Christians should live from Sunday to Sunday, and throughout the year, from Pascha to Pascha. We also live from Divine Liturgy to Divine Liturgy, from Eucharist to Eucharist, from Communion to Communion. Our lives are measured and tested by this sacred event. All that we are and do finds its beginning and end, its meaning and fulfillment, in God’s gift of Holy Communion through Christ and the Holy Spirit in the Church.

CONTINUOUS PREPARATION

Committed Christians remember what God has done in history and anticipate what God is yet to do. We live in function of Christ’s first coming as a servant to be crucified and glorified, and His final coming at the end of the ages to establish God’s Kingdom. The Church’s Eucharistic worship unites and embraces the Lord’s two comings, together with all of God’s mighty acts in history. It makes them present for our participation, here and now, for the forgiveness of sins, for the healing of soul and body, and for life everlasting.

Every moment of a Christian’s life is a preparation for our encounter with God, which is sacramentally realized in Holy Communion. Every moment we are making ready to enter God’s kingdom, which is coming with observation and power at the end of the ages. We live every moment in constant awareness of the Lord’s presence in our lives here and now, preparing us in hope for unending communion with Him in the age to come.

In this perspective, everything that we Christians think, say and do in every moment of our lives is a preparation for Holy Communion - in this life in the Holy Eucharist, and without end in the ages to come at the end of the world.

GENERAL PREPARATION

Because we Christians living in this world are inevitably caught up in the earthly activities, afflictions, trials and temptations, and because we are so easily overcome by sinful passions, God gives us ways by which we are enabled to never forget Him. He provides practices by which we can keep ourselves constantly prepared to meet Him. He offers guides of spiritual and physical discipline for us to practice so that we can remain constantly alive to His presence and power in our lives, and so we can be ready to receive Him when He gives Himself to us in Holy Communion.

The general disciplines for preparing for Holy Communion are the disciplines of the Christian life itself. They are the practices which keep us alive to God, the actions which open our minds and hearts and bodies to the presence of God’s grace and power in our lives.

The general disciplines include:

- Regular participation in the Church’s liturgical worship
- Daily practice of a Rule of Personal Prayer
- Daily practice of a rule of ceaseless “Prayer of the Heart,” or reciting the Jesus Prayer (“Lord Jesus Christ, have mercy on me a sinner”)
- Daily practice of periods of silence
- Regular practice of fasting and abstinence
- Daily reading of the Bible and other spiritual writings
- Regular confession of sins (of our actions, words, thoughts, feelings, temptations, and dreams) to our priest, or some other spiritual father
- Regular giving and receiving of forgiveness
of sins with all the people in our lives

- Regular donations of money to the Church, and to those in need
- Regular sharing of our time, energies and possessions with others
- Constant effort to do our daily work as well as we can, for the glory of God, and for the good of others
- Constant striving not to sin, even in the smallest ways, in our routine activities of our everyday life and personal relationships

The words “regular,” “daily,” and “constant” are repeated and emphasized because our spiritual practices and activities must be done according to a rule (kanona). They must be done constantly and consistently with conscious attention and discipline. They cannot be left to whim, caprice, or for the times when we “feel” like doing them.

What a person does in regard to liturgical worship, personal prayer, fasting, reading, contributing, working, and serving will be shaped according to the conditions of his or her life. It will be different for each person according to age, strength, health, available time, and personal capabilities.

The saints say that rules of prayer, reading and fasting should be brief but frequent, simple, pure, uncomplicated and keepable. They should be determined and established with spiritual advice and counsel in ways which permit them to be easily included within the real possibilities of one’s actual life.

---

**A DAILY PRAYER FOR THE NEW YEAR**
*(from St. Philaret of Moscow)*

_O Lord, grant me to greet the coming day in peace._

_Help me in all things to rely upon Your holy will._

_In every hour of the day reveal your will to me._

_Bless my dealings with all who surround me._

_Teach me to treat all that comes to me throughout the day with peace of soul and with firm conviction that Your will governs all._

_In all my deeds and words, guide my thoughts and feelings._

_In unforeseen events, let me not forget that all things are under Your care._

_Teach me to act firmly and wisely, without embittering and embarrassing others._

_Give me strength to bear the fatigue of the coming day with all that it shall bring._

_Direct my will according to Your will. Teach me to pray._

_Pray Yourself within me. Transform my life into a living prayer to you._

_Amen._
EPIPHANY—The Feast of Lights

The feasts of Christmas and Epiphany were known in the early Church as “The Feast of Lights,” since both feasts revealed Jesus Christ to the world. Our Lord is the true light that enlightens the entire world!

Christ’s entrance into the world is a new beginning for all people. No longer do people have to live in the darkness of ignorance, in the darkness of fear, in the darkness hatred, in the darkness of evil and sin, and even in the darkness of death. The true light of God has been revealed, and now those who choose to enter into that light, who allow the light of Christ to shine brightly within their hearts and minds, may see the world from an entirely new and fresh perspective!

The light of Christ lifts us up from our fallen, distorted nature – our tendency to hate, to be jealous, to be proud and arrogant, to be self-centered, to be unkind, unforgiving and unloving. The light of Christ shows us the path to an abundant life of godly peace and joy, divine love and mercy, contagious compassion and kindness, and ultimate meaning and purpose.

At Christmas, God takes on human flesh and reveals himself as the perfect God-man, fully divine yet fully human. Simultaneously, at the Baptism of our Lord, Theophany, God again reveals Himself to the world as the Holy Trinity – God the Father speaking from the cloud, God the Son in Jesus Christ, and God the Holy Spirit descending upon Jesus in the form of a dove. Both events help the world come to a clearer and better understanding of who God is, and how He has dramatically entered into our world to help humankind!

We can understand this idea from this hymn we sing on January 6: “You appeared to the world today, and Your light, O Lord, has left its mark upon us. With fuller understanding we sing to You, “You came, O unapproachable Light, and made yourself known to us!”

In memory of Christ’s baptism, when He sanctified all the waters of the world, the Orthodox Church follows an ancient tradition of holding the SERVICE OF THE BLESSING OF THE WATERS on January 6. The Church asks God’s blessing to come upon the water, which we then share with all believers. Through this water the grace of God comes upon us!

In preparation for this special blessing, Orthodox Christians hold January 5 as a strict fast day. Our fasting is a tool which, when properly used, helps us focus more clearly on God and prepares us to enter into the celebration of the feast in a more intimate manner.

Following the service, the priest blesses all the believers in the Church with the holy water and offers them a bottle to take home and drink each day, or whenever they feel a special need for God’s grace. The Church also has the beautiful tradition of the priest taking the holy water into the homes of all believers and blesses their home. Through this ritual we ask for God’s blessings to come upon the household for the new year. Fr. Luke will come into all the homes of our Church Family throughout the month of January, and bring you this blessing. Look on page 1 for the Blessing Schedule.
Bring in the Blessing of the New Year and Come to our annual

**Vasilopita Luncheon**

**11:15 am, Sunday, Jan. 17th**
following the Divine Liturgy

---

**THE VASILOPITA TRADITION**

THE TRADITION OF THE “VASILOPITA,” which means the sweet “bread of Basil” commenced in the fourth century, when Saint Basil the Great, a bishop in Cappadocia of Caesarea (Asia Minor) in the last half of the 4th century, wanted to distribute money anonymously to the poor in his Diocese. He commissioned some women to bake sweetened bread, in which he arranged to place gold coins. Thus the needy families, in cutting the bread to nourish themselves, were pleasantly surprised to find gold coins. St. Basil is considered as one of the greatest philanthropists in Church history, who was also the first person ever to establish an orphanage for children, and is the founder of the modern day hospital.

The Vasilopita tradition has been carried on until today, where special sweet bread is prepared both in Orthodox homes and in the Church community. Sweets are added to the bread which symbolize the sweetness and joy of life everlasting, as well as the hope that the New Year will be filled with the sweetness of life, health, and happiness for all who participate in the Vasilopita observance.
The Jesus Prayer and Social Science

Can seven words - “Lord Jesus Christ, have mercy on me” - change lives?

It may seem like something that social science can’t prove, and yet an experiment was done with 110 Eastern Orthodox Christians, giving them a battery of tests ranging from psychology to theology to behavioral medicine, and then repeating the tests 30 days later. What Boston University psychologist George Stavros, Ph.D., wanted to find out was whether repeating the Jesus Prayer for ten minutes each day over the 30 days would affect these people's relationship with God, their relationships with others, their faith maturity, and their "self-cohesion" (levels of depression, anxiety, hostility, and interpersonal sensitivity). In short, Stavros was asking whether the Jesus Prayer can play a special role in a person's "journey to the heart."

The answer—at least on all the scales that showed any significant effect compared to the control group—turned out to be a resounding yes. Repeating the contemplative prayer deepened the commitment of these Christians to a relationship with a transcendent reality. Not only that, it reduced depression, anxiety, hostility, and feelings of inferiority to others. So powerful were the psychological effects of the prayer that Stavros urges his colleagues to keep it in mind as a healing intervention for clients. He recommends that the prayer be used along with communal practices so that one's relationship with God and others is "subtly and continuously tutored." In other words, going inside to find God does not mean going in it alone.

PHILOPTOCCHOS NEWS

On December 14, the Philoptochos had our Christmas party. It was an enjoyable evening. Thank you all for coming. We collected money and gave it to the AGAPE Charity Fund of Father Luke. Thank you to Eleni and her crew for making the sweet breads for Christmas! We sold out as usual! Thank you Debbie Raymond and Donna Cooney for collecting names for the Christmas card. Thanks to all of you for all you do in any capacity for the good of the Philoptochos and the Church. May God be with us!

On January 17, we will have the Vasilopita Luncheon. Eleni will make the breads.

There will be no meeting in January. On February 1st we will have a short meeting to discuss upcoming fundraisers. In March we would like to have our spaghetti supper. We will set the date later. And we want to schedule a craft fair either in May or perhaps in the Fall. Think about it and bring your thoughts to the February meeting and any other ideas you may have. We are always looking for new ideas!

We will need your help in 2016 to make it another prosperous year for our church. We will be busy with our fundraisers to make up for the ones we didn't have last year because of the renovations. Hope all of you have a healthy, happy and prosperous new year!

With much love and gratitude,

Evelyn Pappas
Philoptochos President
HAPPY NEW YEAR!!! I hope all our Church Family had a wonderful Christmas!

I want to share with you a very interesting thing that happened to me. Before telling you the story, however, I'd like to remind everyone of something we heard in one of Fr Luke's sermons. Jesus said "Whatever you do to the least of my brothers and sisters, you do unto me." This Bible passage was followed up by Fr Luke's words "Show love and kindness to the "hidden Christ" who is in each and every poor and needy person we see.” Poor and needy can refer to the lonely, unloved, unwanted and less fortunate.

I attended an event with my husband a month or so ago. My husband was familiar with the majority of the people there and I had met some over the years. One particular person I met a few years ago, but didn't really know very well. My husband, however, has known this person for many years. This person has a reputation of excessive use of substances. Whether it's alcohol, or something else, we aren't sure. We only know there is an excessive use of some substance.

As I waited for my husband to return from the men's room, this person saw me sitting alone and sat down. The conversation started with the casual, "Hi. How are you?” I was commenting on what a nice jacket this person was wearing and the person said they really loved my bracelet. From what I can remember I bought the bracelet years ago and it cost very little. As a matter of fact, I bought two, but was only wearing one of them. I took my bracelet off, put it on this person's hand, and said "Here, you can have it, I have another one at home just like it.” You would have thought I handed the person a million dollars. The person's response was many “Thank Yous” followed by "Here, I want you to have this." The person reached into the pocket of their jacket, took my hand in theirs, and put something in my hand. I had no clue what they gave me. When I looked in my hand there was a silver crucifix. I said, "No I can't take this, this is yours. You need this!" The person responded, "Jesus is my friend. I want you to have this."

At that point my husband arrived and the conversation shifted to a different subject. I couldn't help but feel overwhelmed. It was such a beautiful gift and one I never would have expected. The next day I searched through Fr Luke's sermons on our website, knowing I remembered him speaking about something relating to this experience that just happened to me. I found this one, "Do we notice our neighbor?" dated 11/2/2013. It is a good read and a good reminder to all. I truly felt like the "hidden Christ" was right in front of me!

My condolences to Rose Angelo for the loss of her husband Nick, and to any other families that have lost a loved one. May you find comfort and peace in our Lord.

Congratulations to those celebrating a special event in their lives.

May you have a blessed and healthy year!

Lisa Healy

THANK YOU

To all those who helped our Church Family give 35 Christmas Presents to the Giving Tree for needy children!

Thank you also for the 30 Ham Christmas baskets and gift cards we gave to 30 other families! Everyone was so grateful for helping to make their Christmas special!
Our Christmas Pageant

Our Choir Christmas Concert

Christmas Breads
A Visit from Saint Nicholas
FROM OUR PARISH NURSE

Every SECOND SUNDAY of the month, come early to the Church early and our Parish Nurse Nicoleta Cojocaru will check your blood pressure, offer medication management and consult on any health related issue. She will be at the Church on these Sundays from 7:30am until the Divine Liturgy begins, and can also meet people after the Liturgy. If you prefer her to visit you in your home, feel free to call me at 774-452.1049

Red Cross Blood Drive

1:00 - 6:00pm, January 4
St Andrew Bobola Church, Dudley
Sign up to give blood at www.RedCrossBlood.org

WEEKDAY SERVICES

WEEKDAY DIVINE LITURGY at 9:30 am
Jan 6 - Feast of Epiphany
Jan 7 - St John the Baptist
Jan 18 - St Athanasios
Jan 30 - The Three Hierarchs

SPECIAL HEALING SERVICE FOR THE SICK
6:30pm Wednesday Jan 20

SATURDAY VESPERS (5:00pm)
Every Saturday

Congratulations to our 2016 Parish Council

President: Lisa Healy
Vice President: Cynthia Johnson
Secretary: Mary Papageorge
Treasurers: Nick Popiak
Sandi Kunkel

Members:
Leah Didonato
Anestis Jordanoglou
Lorna McWilliam
Neal Neslusan
Evelyn Pappas
Helen Pappas
Nicholas Seferi

PROJECT MEXICO
July 14-20, 2016
Sign up for summer trip
Limited Space of 15
Contact Fr. Luke
Thank You to All Who Made Special Donations for Christmas!

The Altar Trees - In loving memory of Betty Vriga from Tasi Vriga
In loving memory of my parents Thumia & Dumnica Vriga and my sister Elizabeth Vriga from Louise Pavlech
In loving memory of my parents from Rita Carabina
In loving memory of our parents from Gloria and Aristotle Panagiotou
In loving memory of Charles and Loucia Christos from Sam and Evelyn Pappas
In loving memory of Evangelia Pappas from Sam and Evelyn Pappas
In loving memory of James and Michael Naum
In loving memory of Vasil Angelo from his wife Pauline
In loving memory of Bruce Condos and Alexis Wilson from Despina & Bill Condos
In loving memory of Maraly Quillia from Marie and Del Monroe
In loving memory of my parents from An Chito
In loving memory of Louis and Louis Foisy from Steve and Sophia Foisy
For the glory of God from Effie and Dimitri Sidopoulos

Another Daily Prayer for the New Year

THE SERENITY PRAYER
Reinhold Niebuhr

God grant me the serenity to accept the things I cannot change;
    Courage to change the things I can;
    and wisdom to know the difference.

Living one day at a time; enjoying one moment at a time;
accepting hardships as the pathway to peace;
taking, as He did, this sinful world as it is, not as I would have it;
trusting that He will make all things right
    if I surrender to His Will;
that I may be reasonably happy in this life
    and supremely happy
with Him forever in the next.
OUR VISION FOR THE FUTURE
OFFERING A VIBRANT HOUSE OF FAITH AND
WORSHIP FOR FUTURE GENERATIONS

Newest Givers:

Thank you to:  Steve/Ethel Angelo - Supporter Level
Pauline/Carl Mueller - Supporter Level
Kosta Sidopoulos - Supporter Level
Barbara/Norman Desrosiers—Friend Level

Capital Campaign Giving

92 families (75 parishioners) have contributed to our Capital Campaign

If you have not participated yet, please consider doing so. We still have several projects we hope to complete in the Spring!

TOTAL DONATED AND PLEDGED OVER THREE YEARS - $721,258

OUTSTANDING PROJECTS WE HOPE TO GET FUNDING FOR
(To Complete in the Spring)

Priest and Secretary Offices (3 rooms) and
   Office Bathroom Renovation     $50,000
Stain Glass/Large Interior South Wall $35,000
Front Church Walkway Pavers         $12,000
Back Patio Pavers                  $12,000
Repaving of Parking Lot            $30,000
Additional Parking Spaces          $25,000
Outside Landscaping                $10,000

44% of our Parishioners have donated towards our Capital Campaign.
RECIPE FOR A BLESSED & HAPPY NEW YEAR

Take twelve fine, full-grown months; see that these are thoroughly free from old memories of bitterness, anger, hurt and hatred; cleanse them completely from every clinging spite; pick off all specks of pettiness, littleness, pride, and self-centered passion; in short, see that these months are freed from all the bad memories of the past.

Look at each month with a newness and freshness of life, clean as when God brought forth each day from the great storehouse of time. Cut each of these months into 30 or 31 equal parts. Do not attempt to make up the whole batch at one time (so many persons spoil the entire lot this way), but prepare each day one day at a time.

Into each day put equal parts (and a good share at that) of divine love, joy, faith, patience, courage, hope, generosity and kindness. Add a good portion of fidelity, tolerance, work (some people omit this ingredient and so spoil the flavor of the rest) and rest (leaving this out is like leaving the oil out of the salad dressing - don’t do it). And make sure not to forget a good measure of prayer, meditation, Bible-reading, and a serious attempt of Christ-like living. After every six days make sure to leave the seventh day as a day for God - going to Church and being filled with His Holy Mysteries.

Put in about one teaspoonful of good spirits, a dash of fun and relaxation, a pinch of good-natured folly, a sprinkling of play, and a heaping cupful of good humor.

This is a sure-fire recipe for a most blessed and joyous New Year!
The Light - January 2016

**USHERS & GREETERS SCHEDULE**

Jan 3 – Nicoleta Cojocaru, Zach Gianaris, Garry Ross, Jared Quill

Jan 10 – Arthur Bilis, Del Monroe, Chris Geotis, Thomai Gatsogiannis, Trish Lareau

Jan 17 – Marie McNally, Eric Beland, Matt Benoit, Lisa Healy, Nick Seferi

Jan 24 – Neal Neslusan, Mary Papageorge, Jimmy Karapanos, Cindy Johnson

Jan 31 – Nicoleta Cojocaru, Zach Gianaris, Garry Ross, Jared Quill

**COFFEE FELLOWSHIP:**

Jan 3 – Thomai Gatsogiannis, Trish Lareau, Stephanie Quill, Betty Tonna, Evangeline Wilson

Jan 10 – Marie McNally, Christa Benoit, Sandi Kunkel, Mary Seferi

Jan 17 – Donna Cooney, Athena Cooney, Leah Didonato, Jaime Ross

Jan 24 – Kathy Bilis, Marie Monroe, Carolyn Niemeck, Deb Raymond

Jan 31 – Thomai Gatsogiannis, Trish Lareau, Stephanie Quill, Betty Tonna, Evangeline Wilson

**EARLY RISERS BIBLE STUDY**

7:00am Every Saturday

**WEDNESDAY MORNING BIBLE STUDY**

10:00am Every Wednesday

*Come and Learn Your Faith*

**Orthodoxy Class Resumes**

6:30pm Thursday

January 28

**YOUTH EPISTLE READERS**

Jan 3 – Maia Beaudry

Jan 10 Maria Mironidis

Jan 17 – Lily Mueller

Jan 24 – Zach Beaudry

Jan 31 Theodora Veronis

Feb 7 – Panayiota Veronis

Feb 14 – Olivia Neslusan

Feb 21 – Smaranda Cojocaru

**Special Service of Healing**

6:30pm Wednesday

January 20
# Remembering Our Church Family

## Important Dates in JANUARY:

*Make a visit, give a call, or express congratulations to members of our Church family who celebrate special days during this month.*

**BIRTHDAYS:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 1</td>
<td>Kara Bilis</td>
</tr>
<tr>
<td>Jan 1</td>
<td>Michael Pappas</td>
</tr>
<tr>
<td>Jan 1</td>
<td>Stavros Pappas</td>
</tr>
<tr>
<td>Jan 1</td>
<td>Eva Apostolou</td>
</tr>
<tr>
<td>Jan 3</td>
<td>Garry Ross</td>
</tr>
<tr>
<td>Jan 3</td>
<td>Mary Papageorge</td>
</tr>
<tr>
<td>Jan 5</td>
<td>Smaranda Cojocaru</td>
</tr>
<tr>
<td>Jan 5</td>
<td>Neal Neslusan</td>
</tr>
<tr>
<td>Jan 7</td>
<td>George Papageorge</td>
</tr>
<tr>
<td>Jan 13</td>
<td>Petru Cojocaru</td>
</tr>
<tr>
<td>Jan 13</td>
<td>Evelyn Aperges</td>
</tr>
<tr>
<td>Jan 13</td>
<td>Gloria Panagiotou</td>
</tr>
<tr>
<td>Jan 14</td>
<td>Mia Beaudry</td>
</tr>
<tr>
<td>Jan 16</td>
<td>Olivia Neslusan</td>
</tr>
<tr>
<td>Jan 16</td>
<td>Thomai Gatsogiannis</td>
</tr>
<tr>
<td>Jan 17</td>
<td>Ava Darligiannis</td>
</tr>
<tr>
<td>Jan 19</td>
<td>Tessa Benoit</td>
</tr>
<tr>
<td>Jan 20</td>
<td>Tony Beaudry</td>
</tr>
<tr>
<td>Jan 20</td>
<td>Dora Stathis</td>
</tr>
<tr>
<td>Jan 22</td>
<td>Theodora Veronis</td>
</tr>
<tr>
<td>Jan 25</td>
<td>Maria Jordanoglou</td>
</tr>
<tr>
<td>Jan 28</td>
<td>John Nicholopoulos</td>
</tr>
<tr>
<td>Jan 29</td>
<td>Niko Milios</td>
</tr>
<tr>
<td>Jan 29</td>
<td>George Condos</td>
</tr>
<tr>
<td>Jan 31</td>
<td>Panayioti Veronis</td>
</tr>
<tr>
<td>Jan 31</td>
<td>Sandi Kunkel</td>
</tr>
<tr>
<td>Jan 31</td>
<td>Tom Baxter</td>
</tr>
</tbody>
</table>

**NAMEDAYS:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 1</td>
<td>St Basil the Great</td>
</tr>
<tr>
<td></td>
<td>Bill Anthopoulos</td>
</tr>
<tr>
<td></td>
<td>Bill Condos</td>
</tr>
<tr>
<td></td>
<td>Vasilios Gatsogiannis</td>
</tr>
<tr>
<td></td>
<td>Cecelia Vasiliki Milios</td>
</tr>
<tr>
<td></td>
<td>Vasilios Milios</td>
</tr>
<tr>
<td></td>
<td>Vasiliki Olivia Neslusan</td>
</tr>
<tr>
<td></td>
<td>Vasilios Siozopoulos</td>
</tr>
<tr>
<td></td>
<td>Vassy Tanko</td>
</tr>
<tr>
<td></td>
<td>Vasiliki Zaharides</td>
</tr>
<tr>
<td>Jan 6</td>
<td>Epiphany - “Ta Fota”</td>
</tr>
<tr>
<td></td>
<td>Faith Fotini Veronis</td>
</tr>
<tr>
<td>Jan 7</td>
<td>St John The Baptist</td>
</tr>
<tr>
<td></td>
<td>John Barakilis</td>
</tr>
<tr>
<td></td>
<td>Smaranda Ioana Cojocaru</td>
</tr>
<tr>
<td></td>
<td>John Grzyb</td>
</tr>
<tr>
<td></td>
<td>John Milios</td>
</tr>
<tr>
<td></td>
<td>Yanni Mironides</td>
</tr>
<tr>
<td></td>
<td>Yianni Moutoudis</td>
</tr>
<tr>
<td></td>
<td>John Neslusan</td>
</tr>
<tr>
<td></td>
<td>John Nicholopoulos</td>
</tr>
<tr>
<td></td>
<td>John Nikopoulos</td>
</tr>
<tr>
<td></td>
<td>John Sgouritsas</td>
</tr>
<tr>
<td></td>
<td>John Thomas</td>
</tr>
<tr>
<td>Jan 17</td>
<td>St. Anthony the Great</td>
</tr>
<tr>
<td></td>
<td>Tony Beaudry</td>
</tr>
<tr>
<td></td>
<td>Anton Cojocaru</td>
</tr>
<tr>
<td>Jan 18</td>
<td>St Athanasios</td>
</tr>
<tr>
<td></td>
<td>Arthur Bilis</td>
</tr>
<tr>
<td></td>
<td>Arthur Darligiannis</td>
</tr>
<tr>
<td></td>
<td>Athanasisa Darligiannis</td>
</tr>
<tr>
<td></td>
<td>Ava Athanasisa Darligiannis</td>
</tr>
<tr>
<td>Jan 25</td>
<td>St. Tatiana</td>
</tr>
<tr>
<td></td>
<td>Tatiana Zhuk</td>
</tr>
</tbody>
</table>
THANK YOU TO OUR STEWARDS OF 2015

Lewis Adamopoulos  
Nicholas Adamopoulos  
Angelo/Dhimitra Adamopoulos  
Michael/Muriel Angelo  
Stephen/Ethel Angelo  
Nick/Rose Angelo  
Pauline Angelo  
Constantine/Ethel Anifantis  
Demetri Antoniou  
Evelyn Aperges  
Sophia Apostol  
Ted/Gail Avlas  
Nike Avlas  
Ann/Al Axtman  
Earl/Lorraine Bahl  
Tom/Mary Baxter  
Tony/Nike Beaudry  
Evelyn Belanger  
Frederika Beno  
Matthew/Christa Benoit  
Rich/Sophia Bethune  
Athena Bilis  
Arthur/Kathy Bilis  
George/Debby Carabina  
Rita Carabina  
Charles/Ann Chito  
Charlie Chito  
Mike/Titi Chito  
Anton/Nicoleta Cojocaru  
Gary/Christina Colello  
George/Laurie Condos  
Bill/Despina Condos  
Barbara Constantine  
Chris/Helen Constantine  
Nick/Bertha Constantine  
Arthur/Sara Darligiannis  
Nick/Athanasia Darligiannis  
Norman/Barbara Desrosiers  
Travis Dickey  
Leah Didonato  
Maria Economé  
Mary Fatsi  

Stephen/Sophia Foisy  
Vasili/Thomas Gatsogiannis  
Chris/Joan Geotis  
Paul/Ramona Geotis  
Zachary/Barbara Gianaris  
Zach Gianaris  
George/Elaine Goulas  
Rob/Denise Gritzner  
Robert/Sharone Hayes  
Patrick/Helen Hazatones  
Dan/Lisa Healy  
David/Cynthia Johnson  
Anestis/Evis Jordanoglou  
Harry/Tina Jordanoglou  
Lou/Rozeta Kameeva  
Sappho Kapsounis  
Ernest/Zorra Karapanos  
George/Helen Kerbici  
Sam Kiritsis  
Rena Klebart  
Ilija/Gulapka Kostovski  
Mark/Kimberly Kostovski  
Alexandra Koula  
Gus Koulax  
Sophia Koulax  
Bob/Lea Miranda  
Gust Krasas  
Sandi Kunkel  
Beatrice Lambiris  
Trish/David Lareau  
Helen Lepine  
Leslie Manthis  
Margaret Johansen  
Olympia Margaritidis  
Chris/Alex Massie  
Marie McNally  
Lorna McWilliam  
Diana Megas  
Helen Metropoulos  
George/Julie Milios  
Demetrios/Hariklia Milios  
Celia Milios  

Vasili/Grace Milios  
Yanni/Katie Mironidis  
Del/Marie Monroe  
Irene Mountzouris  
Angelo/Eleftheria  
Moutoudis  
Pauline/Carl Mueller  
Marianne/Tom Naumovski  
Neal/Charlotte Nelsusan  
Georgette Nicholopoulos  
Lou/Eleni Nicozisis  
Carolyn Niemeck  
George Nonis  
Gloria/Aristotle Panagiotou  
Kostas Panagiotou  
Jasmina/Greg Panu  
Mary/George Papageorge  
Demetra Papadopoulos  
Barbara Pappas  
Chuck/Misty Pappas  
James Pappas  
Helen Pappas  
Chuck/Gimny Pappas  
Stephen Pappas  
Olga Pappas  
Sam/Evelyn Pappas  
Stavros Pappas  
Demetrios Partsalis  
Richard/Liz Pavlech  
Aggie Penesis  
George/Christina Penesis  

Fr. Ephraim/Teresa  
Peters  
Olga Petluck  
Christine Bilis  
Porazzo  
Rayne Purcell  
Debby Raymond  
Dan/Sue Rivelli  
Garry/Jaime Ross  
Panayiotis/Shannon  
Sakellariou  
Sandy/Ron Sanderson  
Nick/Mary Seferi  
Dimitri/Efkarip  
Sidopoulos  
Tina/James Sullivan  
Dina Teguis  
Eleanor Teguis  
John/Ana Thomas  
Van Thomas  
George/Lynne Tonna  
Mark/Therese Totolos  
Nick/Lois Totolos  
Helen Tsigaridas  
Fr Alexander/Pearl  
Veronis  
Fr Luke/Faith Veronis  
Edna Vogel  
Tasi Vriga  
David/Danielle Weiss  
Vasiliki Zahariadis  
Bill/Helen Zenon
HOLY SCRIPTURE

I will extol You, My God and King, and I will bless Your name forever and ever. Every day I will bless You, and I will praise Your name forever and ever.

Psalm 145:1-2

The Lord is gracious and full of compassion, slow to anger and great in mercy. The Lord is good to all, and His tender mercies are over all His works.

Psalm 145:8-9

The Lord is near to all who call upon Him, To all who call upon Him in truth.

Psalm 145:18

For You formed my inward parts; you covered me in my mother’s womb. I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, and that my soul knows very well.

Psalm 139:13-14

Precious in the sigh of the Lord is the death of His saints.

Psalm 116:15

DAILY BIBLE READINGS

JANUARY

Jan 1 Colossians 2:8-12, Luke 2:20-21, 40-52
Jan 2 Hebrews 5:4-10, John 3:1-15
Jan 3 Tim 4:5-8, Mark 1:1-8
Jan 6 Titus 2:11-14; 3:4-7: Matt 3:13-17
Jan 7 Apostles 19:1-8, John 1:29-34
Jan 8 Romans 6:3-11, John 3:22-33
Jan 9 Ephesians 6:10-17, Matt 4:1-11


Jan 18 Hebrews 13:7-16, Matt 5:14-19
Jan 21 Philippians 1:12-20, Luke 12:8-12
Jan 22 Tim 1:3-8, Matt 10:32-33; 37-38; 19:27-30

Jan 24 Timothy 1:15-17, Luke 18:35-43
Jan 26 James 3:1-10, Mark 11:11-23
Jan 27 Hebrews 7:26-28; 8:1-2, John 10:9-16
Jan 29 Hebrews 10:32-38, Mark 9:33-41
Jan 30 Hebrews 13:7-16, Matt 5:14-19

Thank You to those who sponsor our monthly bulletin!

Shaw-Majersik
Funeral Home
48 School Street
Webster, MA 01570
tel: 508-943-6278
Because We Care
Richard D. Majersik, Director
www.shaw-majersik.com

Robert J. Miller, Inc.
Funeral Services
366 School Street
Webster, MA 01570
Tel. (508) 943-0045
ROBERT J. MILLER  Toll Free 866-360-0045
Funeral Director  Fax (508) 943-3163
Email: miller.funerals@verizon.net  www.rjmillerfunerals.net

Sitkowski and Malboeuf
Funeral Home
340 School Street
Webster, MA 01570
508-943-1515
Roland P. Malboeuf, Funeral Director

Robert Mirandola D.C.
Newtonville, MA 02460, Dr.Mirandola@gmail.com
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 31</td>
<td></td>
<td></td>
<td>8:30 Matins</td>
<td>9:30 Divine Liturgy</td>
<td>Jan 1 St Basil</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>9:00 Matins</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>10:00 Liturgy</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Happy New Year!!!</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>8:30 Matins</td>
<td></td>
<td>6 Epiphany</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:30 Divine</td>
<td>8:45 Matins</td>
<td>9:30 Liturgy &amp; Blessing of Waters</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Liturgy</td>
<td>9:30 Liturgy</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>House Blessings in Webster</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sunday School Starts Up!</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>8:30 Matins</td>
<td></td>
<td>11</td>
<td>12</td>
<td>13</td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:30 Divine</td>
<td>11:00am Ecumenical Clergy Luncheon at our Church</td>
<td></td>
<td>11:00am Ecumenical Clergy Luncheon at our Church</td>
<td>14</td>
<td></td>
</tr>
<tr>
<td>Liturgy</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>7 St John Baptist</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>8:45 Matins</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>9:30 Liturgy</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6:30pm Parish Council</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>House Blessings in Webster</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>8:30 Matins</td>
<td></td>
<td>18 St. Athanasios the Great</td>
<td>19</td>
<td>20</td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:30 Divine</td>
<td>8:45 Matins</td>
<td>9:30 Liturgy</td>
<td>10:00am Bible Study Resumes</td>
<td>21</td>
<td></td>
</tr>
<tr>
<td>Liturgy</td>
<td></td>
<td>9:30 Liturgy</td>
<td></td>
<td>6:30pm Special Service of Healing</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>8:30 Matins</td>
<td></td>
<td>25</td>
<td>26</td>
<td>27</td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:30 Divine</td>
<td></td>
<td></td>
<td></td>
<td>10:00am Bible Study</td>
<td></td>
</tr>
<tr>
<td>Liturgy</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6:30pm Classes in Orthodoxy</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>8:30 Matins</td>
<td></td>
<td>30 Three Hierarchs</td>
<td>29</td>
<td>30</td>
<td></td>
</tr>
<tr>
<td>Three Hierarchs</td>
<td>9:30 Divine</td>
<td></td>
<td></td>
<td></td>
<td>7:00am Bible Study</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Liturgy</td>
<td></td>
<td></td>
<td></td>
<td>8:45 Matins</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>9:30 Liturgy</td>
<td></td>
</tr>
</tbody>
</table>
BECOME LIKE JESUS IN THE NEW YEAR

Try to be Jesus’ love,
Jesus’ compassion,
Jesus’ presence to each other.
All this will be possible if you keep close to Mary the Mother of Jesus and our Mother. She will guide and protect you and keep you only all for Jesus.

Keep your eyes pure so that Jesus may look through them.
Keep your mouth pure so that Jesus may speak with your tongue.
Keep your hands pure so that Jesus may work with your hands.
Keep your mind pure so that Jesus may think His thoughts in your mind.
Keep your heart pure so that He may love with your heart.

Ask Jesus to live His own life in you because He is the Truth of humility,
He is the Light of Charity,
He is the Life of Sanctity.

Jesus is the Word to be spoken,
Jesus is the Truth to be told,
Jesus is the Way to be walked,
Jesus is the Light to be lit,
Jesus is the life to be lived.

Jesus is the Love to be loved,
Jesus is the Joy to be shared,
Jesus is the sacrifice to be offered,
Jesus is the peace to be given,
Jesus is the bread of life.

Jesus is the Hungry to be fed,
He is the Thirsty to be satiated,
Jesus is the Naked to be clothed,
He is the Homeless to be taken in,
Jesus is the Sick to be healed,
He is the Lonely to be loved,
Jesus is the Prisoner to be visited,
He is the Aged to be cared for.
He is the Unwanted to be wanted
He is the Drug Addict to befriend,
He is the Prostitute to remove from danger and befriend

Jesus is my God and my Life,
Jesus is my Love and my All
He is my Everything to me!

Jesus, I love you and believe in your tender love for me.
I belong to You and want to give everything in me to You.
Use me to the full.

Mother Teresa’s advice
to her Missionaries of Charity